

Cyberbullying

With increasing time spent online by students and parents, we are very aware about the potential dangers associated with cyberbullying.

Even though conflict between young people is a normal part of growing up, cyberbullying is not.

Cyberbullying is

- The use of electronic means like the internet or mobile phones to **aggressively and intentionally harm someone**.
- Includes name calling, abusive comments, threats of physical harm, spreading rumours, being ignored, having opinions slammed, being rude, uploading images.
- Most common in late primary school and early high school.

Those on **Cyberbullying can be seriously damaging** social media are exposed to this sort of behaviour on a regular basis. It results in people



- Losing their self esteem
- Feeling anxious, sad, embarrassed, angry and even being physically sick.
- Having changing mood swings, self harm and suicidal thoughts.

We cannot stress enough the need to model positive behaviour as parents and be supportive to children who are effected by this behaviour.

Take the time to talk to your children, be open to listening and understanding their experience of cyberbullying.

Please be reminded Facebook, Instagram etc. require everyone to be **at least 13 years old** before they can create an account (in some jurisdictions, this age limit may be higher). Creating an account with false info is a violation of terms.

Along with establishing parental controls, we encourage you to discuss cyber-safety matters with your children in order to protect them when they are on-line.

Tennis

Last Friday was our final tennis lesson with Guy Thomas, our tennis coach. We thank him for providing fantastic lessons and funding trophies for our most improved students.

Congratulations to

P/1 :Kayla & Addison

1/2: Chev & Taj

3/4: Jemma & Hannah

5/6: Eleni & Jaimee

A Sporting Schools Grant organised by our staff funded lessons for our students.

Sporting Schools Grant

We have been very fortunate to secure another Sporting Schools grant to cover a large component of our swimming lessons for our Prep—Year 2 students.

As a result of gaining this grant , 6 x 1 hour swimming lessons, bus transport and swimming coaching fees will now cost \$35 per child.

An invoice will be sent home shortly to all families involved. Please arrange payment by Tuesday 16 October. Our preferred method of payment is through the BPoint on-line payment system.

Music Camp

Our school instrumental music program is the perfect way to introduce our students to learning the violin. In early September Marlo, Max and Louisa attended the Far North Queensland Combined State Schools Instrumental Music Camp. Our students agreed there is no better feeling than performing in an orchestra and being part of a team that's much larger than themselves. We thank Mr Hodges for encouraging



Instrumental Music (violin) lessons are held every week at Aloomba.

Please let us know if you are interested in starting your child/ren in the new year.

We wish everyone a safe, happy and relaxed holiday break.

P & C Matters

We are very grateful for all of our wonderful volunteers who work behind the scenes to make our school one of the best resourced schools in the far north. It cannot be stressed enough the positive impact these wonderful, generous people have on our students and families.

Some of the current projects they are working on at present:

P & C Banner, Alooomba Movie Night, School excursion grant application (Successful—\$1800) Pavers, Student Disco, Pine Car Derby, Parent Direct Catalogues, Garden Club, and Tuckshop.

If you are a parent who would like to get involved, please come along to our P & C meeting held on the second Friday of the month at 3pm in the school Library.

Alooomba Ball Games Competition

Fri 21 September @ 9am

Come along and encourage your children. It is always an entertaining morning. Our staff have been working hard to increase the skills of our students in preparation for the day.

IMPORTANT NOTICE If your child is not going to be at school on Friday please inform the school office as soon as possible. This will help with the organisation of teams for Ball Games.

Alooomba's Got Talent

Thank you to all our students for a very pleasurable morning. We congratulate Isabella, Kate and Jenna for winning the competition.

Movie Night in Robert Rossi Park

Don't forget to come along and support the P & C this Saturday by buying your dinner before the movie. We will also be collecting money to support farmers in need.

Pine Car Derby Design Categories:

Most Creative Design, Funniest Design, Coolest Car, Cutest Car, Scariest Car, Most Colourful Car, People's Choice Design Award, Design Grand Champion. Light Weight—under 150g, Heavy Weight—over 150g.

School Disco

Our yearly school disco will be held on Friday 26th of October. The P & C have decided to go with the Halloween theme. Many thanks for all the good ideas from everybody.

We would like to make this event as much fun as possible and want to transform the undercover area into a scary Halloween dancefloor with lots of cool decorations.

We are looking for volunteers to help out with making decorations, running tuckshop, setting up on the day and helping on the night.

Good ideas for food options in the tuckshop are welcome. Let me know so we can come up with a spooky menu for our little 'monsters' on the evening.

Tuckshop—CANCELLED—this Friday
due to lack of Volunteers.

Key Dates -October

22 Sep	Sat	School Holidays commence Free Open Air Movie
8 Oct	Mon	School commences—Term 4
11 Oct	Thu	Dance Fever Commence
22 Oct	Mon	Student Free Day
26 Oct	Fri	P & C School Disco
29 Oct	Mon	Swimming Commences (P—2)
31 Oct	Wed	Author Visit

Volunteers Needed

Wanted : People to help with BBQ Cooking and Serving

Helpers to sell drinks, lollies, popcorn, slushies

Please phone Kate 0408911176

Don't forget our Support the Farmer project on this night.